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Published to coincide with the 40th anniversary of Slimming World, "Best Ever Recipes" draws on Slimming World's 40 years of unrivalled experience in helping slimmers achieve their target weight. Packed with nutritional, lifestyle

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Published to coincide with the 40th anniversary of Slimming World, Best Ever Recipes draws on Slimming World's 40 years of unrivaled experience in helping slimmers achieve

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Optimising their target weight. Packed with nutritional, lifestyle, and diet information, as well as more than 120 new, healthy, yet delicious recipes, it is the definitive guide to successful—and enjoyable—weight loss.

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Our 10 best: In the first
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Slimming World | 1 Jan 2009.
4.3 out of 5 stars 1,223.

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Published to coincide with the 40th anniversary of Slimming World, Best Ever Recipes draws on Slimming World's 40 years of unrivalled experience in helping slimmers achieve their target weight. Packed with nutritional, lifestyle and diet information, as well as more than 120 new, healthy yet delicious recipes, it is the definitive guide to successful - and enjoyable - weight loss.

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Food Optimising is the name given by Slimming World to their highly successful weight-loss technique that enables slimmers to lose weight without ever having to go hungry. It is the most slimmer-friendly eating system there is and is based on a deep understanding of the challenges faced by overweight people - no foods are banned, there is no calorie counting and there are hundreds of 'free foods' that can be eaten in unlimited amounts. Published to coincide with the 40th anniversary of Slimming World, Best Ever Recipes draws on Slimming World's 40 years of unrivalled

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Optimizing
experience in helping slimmers achieve their target weight. Packed with nutritional, lifestyle and diet information, as well as more than 120 new, healthy yet delicious recipes, it is the definitive guide to successful - and enjoyable - weight loss.

There was a time when being diagnosed with celiac disease or learning you had a sensitivity to wheat or gluten meant a lifetime of dry, tasteless baked goods that crumbled in your hands and often weren't worth the effort you put in to make them. Not any more! Today, easy-to-use alternative

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Optimising flours, grains, and flavorings are on supermarket shelves everywhere, which means you don't have to learn any new baking techniques or search the Internet for untried ingredients with names you can't pronounce. In this book you'll find more than 200 easy-to-follow recipes -- from moist and hearty breads and muffins to sweet-tooth-satisfying cookies, cakes, and pies -- that friends and family will devour. Made with a variety of healthful grains and flours that are packed with protein, these tasty treats will boost energy levels and lift spirits. Recipes

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Optimising
include: Chocolate Chip
Cookies Blueberry Muffins
Baked Rice Pudding Birthday
Cake Brownies Cornbread And
many more!

Presents 250 recipes
representing the best of the
best from the magazine,
including sections on
classic Southern cuisine,
favorite American comfort
foods, menu plans for
special occasions, healthy
options, quick-and-easy
dishes, and helpful cooking
tips.

Celebrating the Restaurant's
40th Anniversary as well as
Texas heritage, our 200+
page, hardcover coffee table

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style cookbook features over 100 of our favorite recipes, written and tested for the home cook to prepare, as well as gorgeous photographs from Houston's top food photographer Debora Smail. Restaurant owners Edd and Nina Hendee share stories from their forty years in the restaurant business throughout the book. And, you will learn to grill a perfect steak every time in a section devoted to our famous Steak School. The cookbook also features Taste of Texas' world-class artifacts from its Texas museum as well as the story of Texas independence.

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A special collection of the very best 500 recipes from two decades of the America's Test Kitchen TV show, plus all the recipes from the 20th season. Here are ATK's greatest hits, the most inventive and rewarding project recipes, classics reimaged, must-have basics, international favorites, and all-star baking recipes. The recipes selected for this commemorative edition celebrate the best and most remarkable accomplishments from 500 episodes of the longest-running cooking show on TV. The collection also shines a spotlight on the cast with fascinating

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Commentary on the recipes from the team that brought them to life on TV. The book captures the personality of the show and provides a first-ever behind-the-scenes look at its beloved cast members along with special features that relay the collected expertise, wit, and wisdom of the team behind America's most-trusted test kitchen.

Breakfast with a Hangover
Dinner for a Charming
Stranger Tea for a Crochety
Aunt Food for feasting,
friends are for savoring,
and the way to a man's heart
is...irrelevant When her
life falls apart on the eve

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Of her 40th birthday, Kate Parker finds herself volunteering at the Lauderdale House for Exceptional Ladies. There she meets 97-year-old Cecily Finn. Cecily's tongue is as sharp as her mind, but she's fed up with pretty much everything. Having no patience with Kate's choices, Cecily prescribes her a self-help book with a difference. Food for Thought: a charming 1950s cookbook high on enthusiasm, featuring menus for anything life can throw at the "easily dismayed." So begins an unlikely friendship between two lonely and stubborn souls—one at the

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end of her life, one stuck in the middle—who discover one big life lesson: never be ashamed to ask for more.

#1 NEW YORK TIMES
BESTSELLER! Bake your way through Hogwarts School of Witchcraft and Wizardry! Inspired by the films, this is the ONE and ONLY official Harry Potter cookbook! Packed with over 40 recipes and gorgeous, eye-catching photography, this baking cookbook is a must-have for every Harry Potter fan. Delight in 43 tasty recipes inspired by the Harry Potter films! From Pumpkin Patch Pies to Owl Muffins, Luna's Spectrespecs Cookies to

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Hogwarts Gingerbread, The Official Harry Potter Baking Cookbook is packed with mouthwatering recipes that will, dare we say, ... ensnare the senses. Host a Great Hall-inspired feast for your friends or delight in a portion for one. Includes recipes for all kinds of delicious baked goods, as well as nutritional and dietary information. This baking cookbook is great for everyone and includes gluten-free, vegetarian, and vegan recipes as well!

Filled with eye-popping culinary photography, this celebration of mouth-

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watering cuisine south of the Mason-Dixon line runs the gamut, presenting step-by-step instructions for more than 1,250 recipes for salads, appetizers, soups, breads, sauces, entrees, beverages, and desserts, along with a complete nutritional breakdown for each dish. 80,000 first printing.

Some of our most cherished memories are of visits to Grandma's house...and the wonderful meals she cooked for us. When she called us down for breakfast, we knew there would be homemade caramel rolls and hot cocoa waiting, just for us. In

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Chilly weather, there was always a hearty kettle of vegetable soup or chili simmering on her stove. At dinnertime, the table overflowed with tender chicken and noodles or slow-baked pot roast, buttery mashed potatoes, brown sugar carrots (because she knew we wouldn't eat them, otherwise!) and salads, fresh-picked from her garden. Her cookie jar was filled with our favorite snickerdoodles or chocolate chip cookies, and there was always a frosted layer cake in the cake stand. So many delicious memories! From Grandma's Recipe Box is chock-full of all these

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Optimising
Recipes and more, shared by cooks like you, handed down through generations and still enjoyed today. We've included easy tips for adding down-home flavor to meals, and for making get-togethers with family & friends special. If you enjoy old-fashioned comfort food, you'll love the recipes in this cookbook!
225 Recipes

Remember the good old days when men were men, women were women and a burger was a god**** burger?!?!? Well, we at Dirty Girl Cookbooks are here to save the day. No more of these dishes that are for taking Instagram

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photos instead of, you know, actually EATING IT. We didn't have to take on the role of savior of Dinner, but here we are...doing our Duty. These 40 Patriotic recipes will have you standing up with your hand over your heart thanking your Lord and Savior for this cookbook. GOD BLESS YOU AND GOD BLESS AMERICA!! Who should you give it to? You know who...yeah.. her. She needs it. We both know it! Mr. I'll Have Seconds - Anybody who comes back for seconds needs this book. Grandma Delores - She's got some skills in the kitchen, but this will take her to whole other level Finally,

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Optimizing your Married Friends with Kids! - They need help!! No gift will make your loved ones Christmas like our Dirty Cookbook. Watching their face as they open it up will be worth it many times over. You will never forget the laughter shared together. That is what the Holidays are all about! Our Dirty Girl Cookbook recipes bring families together.

P.S: This book is also perfect for a white elephant gift, secret Santa gift or Yankee swap exchange or just an old-fashioned gag gift.

P.S.S: For my men out there, this is a great gift for the wife, her, or girlfriend or any women who you want to

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